## Marathon Man Chris Beard completes his 100th Marathon to join the 100 Marathon Club

On 30th August 2018 Chris Beard, Tax Manager at Keens Shay Keens Ltd completed 26.2 mile course in the Once Upon a Run in Surrey to achieve the impressive goal of completing 100 marathons.











And here is a record of Chris's incredible journey:-

## Marathons

2 13-Sep-09 Robin Hood Road Nottinghamshire MAR 0 3 06-Dec-09 Luton Road Bedfordshire MAR 0 4 12-Sep-10 Robin Hood Road Nottinghamshire MAR 0 5 30-Oct-10 Snowdonia Road Gwynedd MAR 0 6 08-May-11 Shakespeare Road Warwickshire MAR 0 7 03-Jul-11 Enigma Summer Trail Buckinghamshire MAR 0 8 17-Jul-11 Fairlands Valley Challenge Ultra Trail Hertfordshire 50K 0 9 20-Nov-11 Luton Road Bedfordshire MAR 0 10 21-Dec-11 Enigma Christmas 1 Trail Buckinghamshire MAR 0 11 22-Dec-11 Enigma Christmas 2 Trail Buckinghamshire MAR 0 12 02-Jan-12 Enigma Winter Trail Buckinghamshire MAR 0 13 09-Feb-12 Enigma Quadzilla Trail Buckinghamshire MAR 0 14 10-Feb-12 Enigma Quadzilla 2 Trail Buckinghamshire MAR 0 15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 0 16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 0 17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire MAR 0 18 25-Jul-12 Enigma Rold Trail Buckinghamshire MAR 0 19 26-Aug-12 Enigma Gold	Time
3 06-Dec-09 Luton Road Bedfordshire MAR 0 4 12-Sep-10 Robin Hood Road Nottinghamshire MAR 0 5 30-Oct-10 Snowdonia Road Gwynedd MAR 0 6 08-May-11 Shakespeare Road Warwickshire MAR 0 7 03-Jul-11 Enigma Summer Trail Buckinghamshire MAR 0 8 17-Jul-11 Fairlands Valley Challenge Ultra Trail Hertfordshire 50K 0 9 20-Nov-11 Luton Road Bedfordshire MAR 0 10 21-Dec-11 Enigma Christmas 1 Trail Buckinghamshire MAR 0 11 22-Dec-11 Enigma Christmas 2 Trail Buckinghamshire MAR 0 12 02-Jan-12 Enigma Winter Trail Buckinghamshire MAR 0 13 09-Feb-12 Enigma Quadzilla Trail Buckinghamshire MAR 0 14 10-Feb-12 Enigma Quadzilla 2 Trail Buckinghamshire MAR 0 15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 0 16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 0 17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire MAR 0 18 25-Jul-12 Enigma Rold Trail Buckinghamshire MAR 0 19 26-Aug-12 Enigma Gold	4:28:37
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S 30-Oct-10 Snowdonia Road Gwynedd MAR 0 6 08-May-11 Shakespeare Road Warwickshire MAR 0 7 03-Jul-11 Enigma Summer Trail Buckinghamshire MAR 0 8 17-Jul-11 Fairlands Valley Challenge Ultra Trail Hertfordshire 50K 0 9 20-Nov-11 Luton Road Bedfordshire MAR 0 10 21-Dec-11 Enigma Christmas 1 Trail Buckinghamshire MAR 0 11 22-Dec-11 Enigma Christmas 2 Trail Buckinghamshire MAR 0 12 02-Jan-12 Enigma Winter Trail Buckinghamshire MAR 0 13 09-Feb-12 Enigma Quadzilla Trail Buckinghamshire MAR 0 14 10-Feb-12 Enigma Quadzilla 2 Trail Buckinghamshire MAR 0 15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 0 16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 0 17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire MAR 0 18 25-Jul-12 Enigma Night Fever Trail Buckinghamshire MAR 0 19 26-Aug-12 Enigma Gold Trail Buckinghamshire MAR 0 19 26-Aug-12 Enigma Gold	4:18:21
6 08-May-11 Shakespeare Road Warwickshire MAR 0.7 03-Jul-11 Enigma Summer Trail Buckinghamshire MAR 0.8 17-Jul-11 Fairlands Valley Challenge Ultra Trail Hertfordshire 50K 0.9 20-Nov-11 Luton Road Bedfordshire MAR 0.10 21-Dec-11 Enigma Christmas 1 Trail Buckinghamshire MAR 0.11 22-Dec-11 Enigma Christmas 2 Trail Buckinghamshire MAR 0.12 02-Jan-12 Enigma Winter Trail Buckinghamshire MAR 0.13 09-Feb-12 Enigma Quadzilla Trail Buckinghamshire MAR 0.14 10-Feb-12 Enigma Quadzilla 2 Trail Buckinghamshire MAR 0.15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 0.16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 0.17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire MAR 0.18 25-Jul-12 Enigma Summer Ultra Trail Buckinghamshire MAR 0.19 26-Aug-12 Enigma Gold	3:57:58
7 03-Jul-11 Enigma Summer  8 17-Jul-11 Fairlands Valley Challenge Ultra  9 20-Nov-11 Luton  Road Bedfordshire  MAR  O  21-Dec-11 Enigma Christmas 1  Trail Buckinghamshire  MAR  O  10 21-Dec-11 Enigma Christmas 2  Trail Buckinghamshire  MAR  O  11 22-Dec-11 Enigma Christmas 2  Trail Buckinghamshire  MAR  O  12 02-Jan-12 Enigma Winter  Trail Buckinghamshire  MAR  O  13 09-Feb-12 Enigma Quadzilla  Trail Buckinghamshire  MAR  O  14 10-Feb-12 Enigma Quadzilla 2  Trail Buckinghamshire  MAR  O  15 04-Mar-12 Cambridge Boundary Run  Road Cambridgeshire  MAR  O  16 06-Apr-12 Enigma Good Friday  Trail Buckinghamshire  MAR  O  17 07-Jul-12 Enigma Summer Ultra  Trail Buckinghamshire  MAR  O  18 25-Jul-12 Enigma Night Fever  Trail Buckinghamshire  MAR  O  O  O  O  O  O  O  O  O  O  O  O  O	4:05:41
8 17-Jul-11 Fairlands Valley Challenge Ultra Trail Hertfordshire 50K 00 9 20-Nov-11 Luton Road Bedfordshire MAR 00 11 21-Dec-11 Enigma Christmas 1 Trail Buckinghamshire MAR 00 11 22-Dec-11 Enigma Christmas 2 Trail Buckinghamshire MAR 00 12 02-Jan-12 Enigma Winter Trail Buckinghamshire MAR 00 13 09-Feb-12 Enigma Quadzilla Trail Buckinghamshire MAR 00 14 10-Feb-12 Enigma Quadzilla 2 Trail Buckinghamshire MAR 00 15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 00 16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 00 17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire MAR 00 18 25-Jul-12 Enigma Night Fever Trail Buckinghamshire MAR 00 19 26-Aug-12 Enigma Gold	3:48:37
9 20-Nov-11 Luton Road Bedfordshire MAR 0.00   10 21-Dec-11 Enigma Christmas 1 Trail Buckinghamshire MAR 0.00   11 22-Dec-11 Enigma Christmas 2 Trail Buckinghamshire MAR 0.00   12 02-Jan-12 Enigma Winter Trail Buckinghamshire MAR 0.00   13 09-Feb-12 Enigma Quadzilla Trail Buckinghamshire MAR 0.00   14 10-Feb-12 Enigma Quadzilla 2 Trail Buckinghamshire MAR 0.00   15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 0.00   16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 0.00   17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire MAR 0.00   18 25-Jul-12 Enigma Night Fever Trail Buckinghamshire MAR 0.00   19 26-Aug-12 Enigma Gold Trail Buckinghamshire MAR 0.00   10 06-Aug-11   11 07-Bul-12 Enigma Night Fever Trail Buckinghamshire MAR 0.00   12 08-Aug-11   13 09-Feb-12 Enigma Gold Trail Buckinghamshire MAR 0.00   14 07-Bul-12 Enigma Night Fever Trail Buckinghamshire MAR 0.00   15 08-Aug-11   16 08-Aug-11   17 08-Aug-11   18	4:27:09
10 21-Dec-11 Enigma Christmas 1 Trail Buckinghamshire MAR 04 11 22-Dec-11 Enigma Christmas 2 Trail Buckinghamshire MAR 05 12 02-Jan-12 Enigma Winter Trail Buckinghamshire MAR 05 13 09-Feb-12 Enigma Quadzilla Trail Buckinghamshire MAR 05 14 10-Feb-12 Enigma Quadzilla 2 Trail Buckinghamshire MAR 05 15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 05 16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 05 17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire 30m 05 18 25-Jul-12 Enigma Night Fever Trail Buckinghamshire MAR 05 19 26-Aug-12 Enigma Gold Trail Buckinghamshire MAR 05 19 26-Aug-12 Enigma Gold Trail Buckinghamshire MAR 05	6:15:57
11 22-Dec-11 Enigma Christmas 2 Trail Buckinghamshire MAR 04 12 02-Jan-12 Enigma Winter Trail Buckinghamshire MAR 04 13 09-Feb-12 Enigma Quadzilla Trail Buckinghamshire MAR 04 14 10-Feb-12 Enigma Quadzilla 2 Trail Buckinghamshire MAR 04 15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 04 16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 05 17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire 30m 05 18 25-Jul-12 Enigma Night Fever Trail Buckinghamshire MAR 04 19 26-Aug-12 Enigma Gold Trail Buckinghamshire MAR 04	3:54:02
12 02-Jan-12 Enigma Winter Trail Buckinghamshire MAR 04 13 09-Feb-12 Enigma Quadzilla Trail Buckinghamshire MAR 04 14 10-Feb-12 Enigma Quadzilla 2 Trail Buckinghamshire MAR 05 15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 05 16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 05 17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire 30m 05 18 25-Jul-12 Enigma Night Fever Trail Buckinghamshire MAR 05 19 26-Aug-12 Enigma Gold Trail Buckinghamshire MAR 05	4:20:35
13 09-Feb-12 Enigma Quadzilla Trail Buckinghamshire MAR 04 14 10-Feb-12 Enigma Quadzilla 2 Trail Buckinghamshire MAR 05 15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 05 16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 05 17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire 30m 05 18 25-Jul-12 Enigma Night Fever Trail Buckinghamshire MAR 05 19 26-Aug-12 Enigma Gold Trail Buckinghamshire MAR 05	4:33:13
14 10-Feb-12 Enigma Quadzilla 2 Trail Buckinghamshire MAR 05 15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 05 16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 05 17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire 30m 05 18 25-Jul-12 Enigma Night Fever Trail Buckinghamshire MAR 05 19 26-Aug-12 Enigma Gold Trail Buckinghamshire MAR 05	4:07:00
15 04-Mar-12 Cambridge Boundary Run Road Cambridgeshire MAR 04 16 06-Apr-12 Enigma Good Friday Trail Buckinghamshire MAR 05 17 07-Jul-12 Enigma Summer Ultra Trail Buckinghamshire 30m 05 18 25-Jul-12 Enigma Night Fever Trail Buckinghamshire MAR 04 19 26-Aug-12 Enigma Gold Trail Buckinghamshire MAR 04	4:23:49
1606-Apr-12Enigma Good FridayTrailBuckinghamshireMAR031707-Jul-12Enigma Summer UltraTrailBuckinghamshire30m031825-Jul-12Enigma Night FeverTrailBuckinghamshireMAR041926-Aug-12Enigma GoldTrailBuckinghamshireMAR04	5:20:22
1707-Jul-12Enigma Summer UltraTrailBuckinghamshire30m091825-Jul-12Enigma Night FeverTrailBuckinghamshireMAR041926-Aug-12Enigma GoldTrailBuckinghamshireMAR04	4:25:51
18 25-Jul-12 Enigma Night Fever Trail Buckinghamshire MAR 0- 19 26-Aug-12 Enigma Gold Trail Buckinghamshire MAR 0-	3:55:36
19 26-Aug-12 Enigma Gold Trail Buckinghamshire MAR 04	5:39:51
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00 466 40 6. 00 1	4:12:06
20 16-Sep-12 Green Chain Trail London MAR 09	5:19:57
21 06-Oct-12 Enigma Reverse Trail Buckinghamshire MAR 04	4:23:38
22 31-Oct-12 Enigma Staffordshire Trail Staffordshire MAR 04	4:18:12
23 01-Nov-12 Enigma Staffordshire 2 Trail Staffordshire MAR 04	4:51:48
24 10-Nov-12 Enigma Fox@40 1 Trail Buckinghamshire MAR 03	3:58:58
25 11-Nov-12 Enigma Fox@40 2 Trail Buckinghamshire MAR 04	4:39:04
26 16-Dec-12 Enigma Christmas Trail Buckinghamshire MAR 04	4:21:00
27 30-Dec-12 Great Barrow Christmas Trail Suffolk MAR 09	5:08:17
28 06-Jan-13 Enigma Winter Trail Buckinghamshire MAR 04	4:28:11
29 07-Feb-13 Enigma Quadzilla Trail Buckinghamshire MAR 04	4:14:06
30 08-Feb-13 Enigma Quadzilla 2 Trail Buckinghamshire MAR 04	4:57:33
31 09-Feb-13 Enigma Quadzilla 3 Trail Buckinghamshire MAR 04	4:42:48
32 10-Feb-13 Enigma Quadzilla 4 Trail Buckinghamshire MAR 09	5:13:43
33 03-Mar-13 Pitsford Water Trail Northamptonshire MAR 04	4:05:48
34 17-Mar-13 Great Barrow Spring Trail Suffolk MAR 05	5:18:53
35 29-Mar-13 Enigma Good Friday Trail Buckinghamshire MAR 04	4:16:02
36 31-Mar-13 Around the Reservoir Easter Trail Northamptonshire MAR 04	4:20:34
37 21-Apr-13 London Road London MAR 04	4:10:37
38 04-May-13 Bewl Water Trail Kent MAR 04	4:32:54
39 11-May-13 Orpington Trail London MAR 04	4:36:13
40 19-May-13 Windermere Road Cumbria MAR 04	4:20:24
41 18-Aug-13 Enigma Reverse Trail Buckinghamshire MAR 04	4:27:16
42 13-Oct-13 Leicester Road Leicestershire MAR 04	4:16:38
43 31-Oct-13 Enigma 3 Lakes Trail Buckinghamshire MAR 04	4:07:37
44 10-Nov-13 Enigma Fireworks Trail Buckinghamshire MAR 04	4:15:27
45 17-Nov-13 A20 Path 'n' Downs Road Kent MAR 04	4:13:14
46 11-Dec-13 Enigma 9/10/11/12/13 Trail Buckinghamshire MAR 03	3:58:13
47 15-Dec-13 Enigma Christmas Trail Buckinghamshire MAR 04	4:06:42
48 07-Feb-14 Enigma Quadzilla Trail Buckinghamshire MAR 04	4:18:23
49 16-Feb-14 Martello Trail Kent MAR 04	4:22:26
50 17-Mar-14 Enigma Week @ The Knees Trail Buckinghamshire MAR 04	4:16:37
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	4:35:32
	4:16:33
55 26-Sep-15 Enigma TBL Trail Buckinghamshire MAR 04	4:06:49

56	29-Oct-15	Enigma 3 Lakes	Trail	Buckinghamshire	MAR	04:04:11
57		Phoenix Riverside	Trail	Surrey	MAR	04:09:14
58		Portsmouth Coastal Water	Trail	Hampshire	MAR	04:26:39
59		Fowlmead Challenge	Trail	Kent	MAR	04:22:21
60		Valentine's Day Challenge	Trail	Kent	MAR	04:49:11
61		Enigma Week @ The Knees	Trail	Buckinghamshire	MAR	04:51:35
62	17-Apr-16	Brighton	Road	Sussex	MAR	04:33:26
63	24-Apr-16	_	Road	London	MAR	04:41:45
64	01-Jun-16	Indy Run	Trail	Surrey	MAR	04:35:13
65	19-Jun-16	Enigma Shaken not Stirred	Trail	Buckinghamshire	MAR	04:19:42
66	03-Jul-16	Enigma Need fpr Speed	Trail	Buckinghamshire	MAR	04:33:01
67	31-Jul-16	Enigma World Cup Anniversary	Trail	Buckinghamshire	MAR	04:10:37
68	28-Aug-16	_	Trail	Buckinghamshire	MAR	04:29:15
69	11-Sep-16	_	Trail	Surrey	MAR	04:59:07
70	25-Sep-16	_	Road	Nottinghamshire	MAR	04:17:48
71	25-Oct-16		Trail	Buckinghamshire	MAR	04:07:29
72		Enigma Fireworks	Trail	Buckinghamshire	MAR	04:33:27
73		Enigma Christmas	Trail	Buckinghamshire	MAR	04:26:36
74		Great Barrow Xmas Tipple	Trail	Suffolk	MAR	04:49:42
75	03-Feb-17	Enigma Quadzilla	Trail	Buckinghamshire	MAR	04:26:50
76	15-Feb-17	Breakfast Run	Trail	Surrey	MAR	04:36:54
77	06-Mar-17	Cookiethon Challenge	Trail	Kent	MAR	05:26:04
78	17-Mar-17	Enigma Week @ The Knees	Trail	Buckinghamshire	MAR	04:12:57
79	14-Apr-17	Enigma Good Friday	Trail	Buckinghamshire	MAR	04:14:05
80	12-May-17	Top Run	Trail	Surrey	MAR	04:41:10
81	04-Jun-17	Reculver	Trail	Kent	MAR	04:36:15
82	02-Jul-17	Enigma Need for Speed	Trail	Buckinghamshire	MAR	04:23:53
83	30-Jul-17	Enigma Planes	Trail	Buckinghamshire	MAR	04:32:45
84	20-Aug-17	Leila's Run	Trail	Hertfordshire	MAR	05:00:27
85	14-Sep-17	Dorney Lake Challenge	Trail	Buckinghamshire	MAR	04:42:42
86	24-Sep-17	Robin Hood	Road	Nottinghamshire	MAR	04:32:59
87	15-Oct-17	Birmingham International	Road	Birmingham	MAR	04:36:08
88	05-Nov-17	Enigma Fireworks	Trail	Buckinghamshire	MAR	04:32:50
89	27-Nov-17	The Hugin Challenge	Trail	Kent	MAR	05:04:45
90	29-Dec-17	Phoenix Frozen	Trail	Surrey	MAR	05:09:49
91	16-Feb-18	Phoenix Grease Lightning	Trail	Surrey	MAR	04:44:01
92	14-Mar-18	Enigma Week @ The Knees	Trail	Buckinghamshire	MAR	04:18:43
93	15-Apr-18	Brighton	Road	Sussex	MAR	04:38:57
94	22-Apr-18		Road	London	MAR	05:08:58
95	20-May-18	Richmond Park	Trail	Surrey	MAR	04:50:02
96	10-Jun-18	Thames Path Potter	Trail	Surrey	MAR	04:43:39
97	08-Jul-18	Enigma Need for Speed	Trail	Buckinghamshire	MAR	05:11:34
98	20-Jul-18	Phoenix Space Race	Trail	Surrey	MAR	05:08:05
99	12-Aug <b>-1</b> 8	-	Trail	Buckinghamshire	MAR	04:49:00
100	30-Aug-18	Once Upona Run	Trail	Surrey	MAR	04:44:16